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Unique Acupressure Technique is Credited with Relieving Prostate Cancer Symptoms

San Francisco, CA (PRWEB) In May 2004, Jonas Slonaker participated in a nine-day, on-camera retreat to focus on using Emotional Freedom Techniques (EFT) to address his symptoms of prostate cancer. He continues to do EFT daily; and today he is still free of any cancer symptoms, and his last three PSA (prostate-specific antigen) counts were “barely over two”.

EFT involves fingertip tapping on select acupressure points while focusing on the physical symptom or unresolved emotion in question. EFT claims an 80% success rate in calming symptoms associated with serious diseases like cancer. It can be learned without cost by downloading the free EFT Manual at <http://www.emofree.com/downloadeftmanual.asp?ref=prw-jonascw>

“What is remarkable about using EFT for serious diseases,” says EFT Founder Gary Craig, “is that when we persistently address unresolved emotional issues and traumas, the symptoms associated with the disease tend to fade ... often permanently. In Jonas’s case, he was harboring a deep and unresolved anger at his abusive father. In about 40 minutes of doing EFT together, he no longer felt the explosive anger towards his father.”

Jonas reports, “I urinate just fine and have no pain down there. I stopped taking the medication that helped me urinate. My story is simple. I use EFT everyday to release emotional energy blocks in my system. If I don’t have a particular issue or emotion to release, then I tap and sing the word Love over and over. I tap every morning for fifteen minutes to get my day started. Then I tap whenever the need arises. If someone snaps at me at work, I tap and let that go before it can become a repetitive resentment. Many of the times when I tap, I go into a deep state of peace and now and again I experience radiant joy. EFT helped me reach a place of great love and acceptance and I honestly don’t believe the cancer can survive in that environment.”

To witness Jonas’s on-camera EFT session, the combined set of DVD’s, which contains 40 hours of instruction and demonstrations, costs only \$72 at <https://www.emofree.com/Store/store.aspx> .

More than a decade of reports from thousands of EFT users has convinced Craig of the

connection between people's unresolved emotions and their physical issues. Now an increasing number of medical studies are making the same connections, but EFT claims to offer a simple solution to resolving the emotional component of disease.

Craig says, "We are not advocating that people adopt EFT instead of conventional medicine to treat serious diseases. But medical research is consistently showing that unresolved emotional traumas, anger, and resentment contribute to disease. EFT provides a drug-free way for people to permanently clear the unresolved emotions that are disrupting their energy systems, taxing their immune systems and causing disease."

Belgian physician Dr. Tania de Winne uses EFT in her medical practice and sees consistent evidence of the mind-body connection with her patients. "While I have no proof that EFT prevents cancer," she says, "I'm convinced that it does just that. Negative thoughts are a major cause of not just cancer but all illnesses, and since EFT quickly eliminates the energy blocks that contribute to negative thoughts and emotions, I believe cancer and most other diseases can ultimately be eradicated by using EFT on a daily basis."

According to the National Institutes of Health, about 1500 people in the U.S. die of cancer each day and another 3400 are diagnosed with cancer daily. "In my view," says Craig, "people are dying needlessly from unresolved emotions like anger, fear, guilt and resentment."

Physician, Dr. Eric Robins adds, "Some day the medical profession will wake up and realize that unresolved emotional issues are the main cause of 85% of all illnesses. When they do, EFT will be one of their primary healing tools as it is for me."

EFT is still a new procedure, but already over 350,000 – including thousands of health care practitioners have downloaded Craig's free training manual and another 10,000 download it each month. EFT often works when nothing else will, even on serious diseases like cancer. Word of mouth is making EFT a top self-healing modality. The EFT website is the fifth most actively visited natural health site in the world.